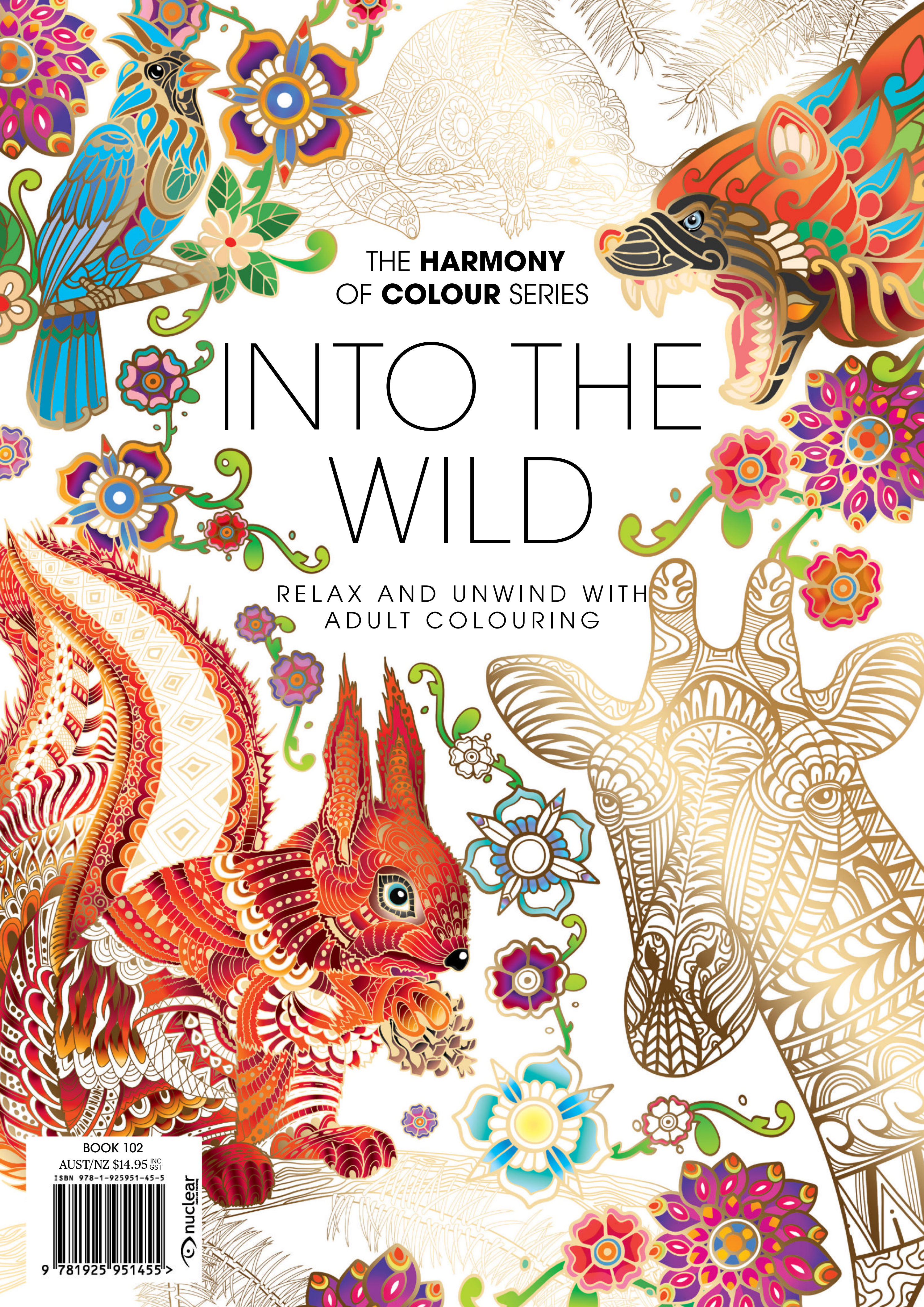

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Stressed out at work? Are the pressures of the world getting you down? We guarantee relaxation with these complex Zen and anti-stress colouring pages for adults.

Harmony of Colour: Into The Wild
offers detailed images and patterns that are chosen by experts for their soothing properties.

Be aware of the overall harmony of your colouring rather than focusing on each element individually. Try to balance the colours so that they are a reflection of your emotions of the moment. If the colours of your page are in harmony, then your mind will follow!

Now… grab your pencils or textas and de-stress…

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Managing Director: **Michael Downs**

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"There are no wild
animals until man
makes them so."

— Mark Twain —

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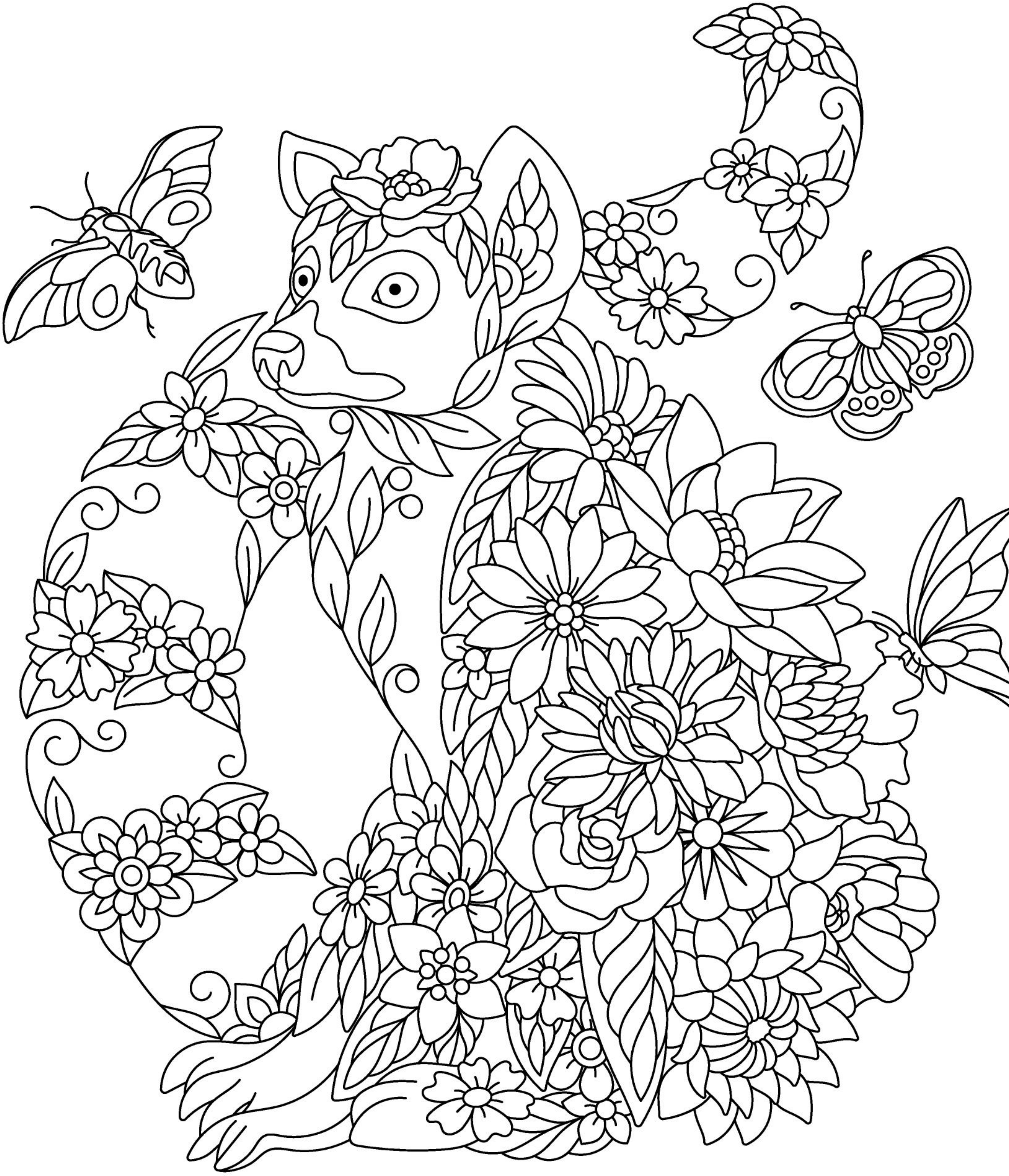

“Those who wish to
pet and baby wild
animals ‘love’ them.
But those who respect
their natures and wish
to let them live normal
lives, love them more.”

— Edwin Way Teale —

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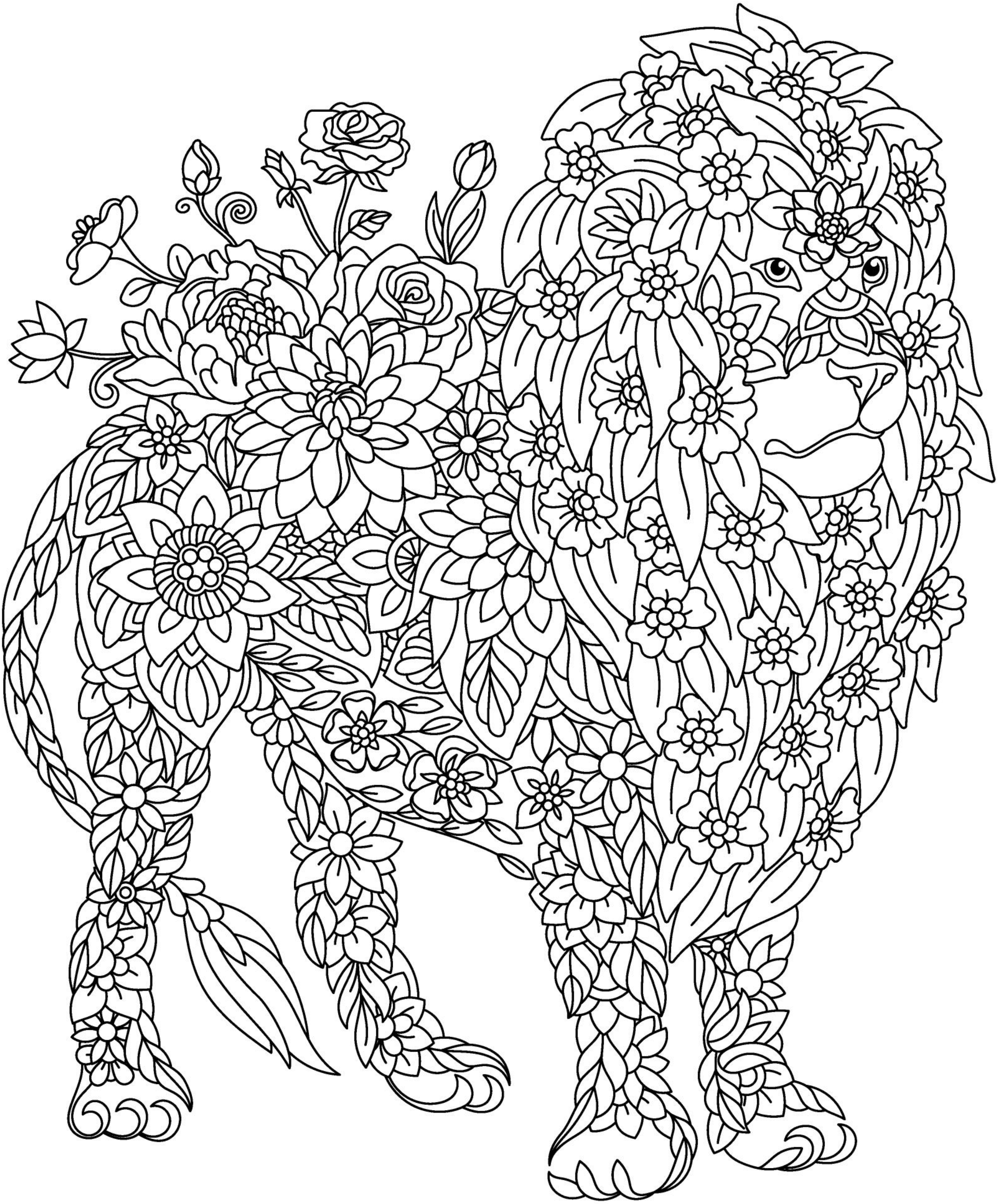

"How can we expect wild
animals to survive if we
give them nowhere in
the wild to live?"

— Anthony Douglas —

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“Zoos are becoming facsimiles - or perhaps caricatures - of how animals once were in their natural habitat. If the right policies toward nature were pursued, we would need no zoos at all.”

— Michael J. Fox —

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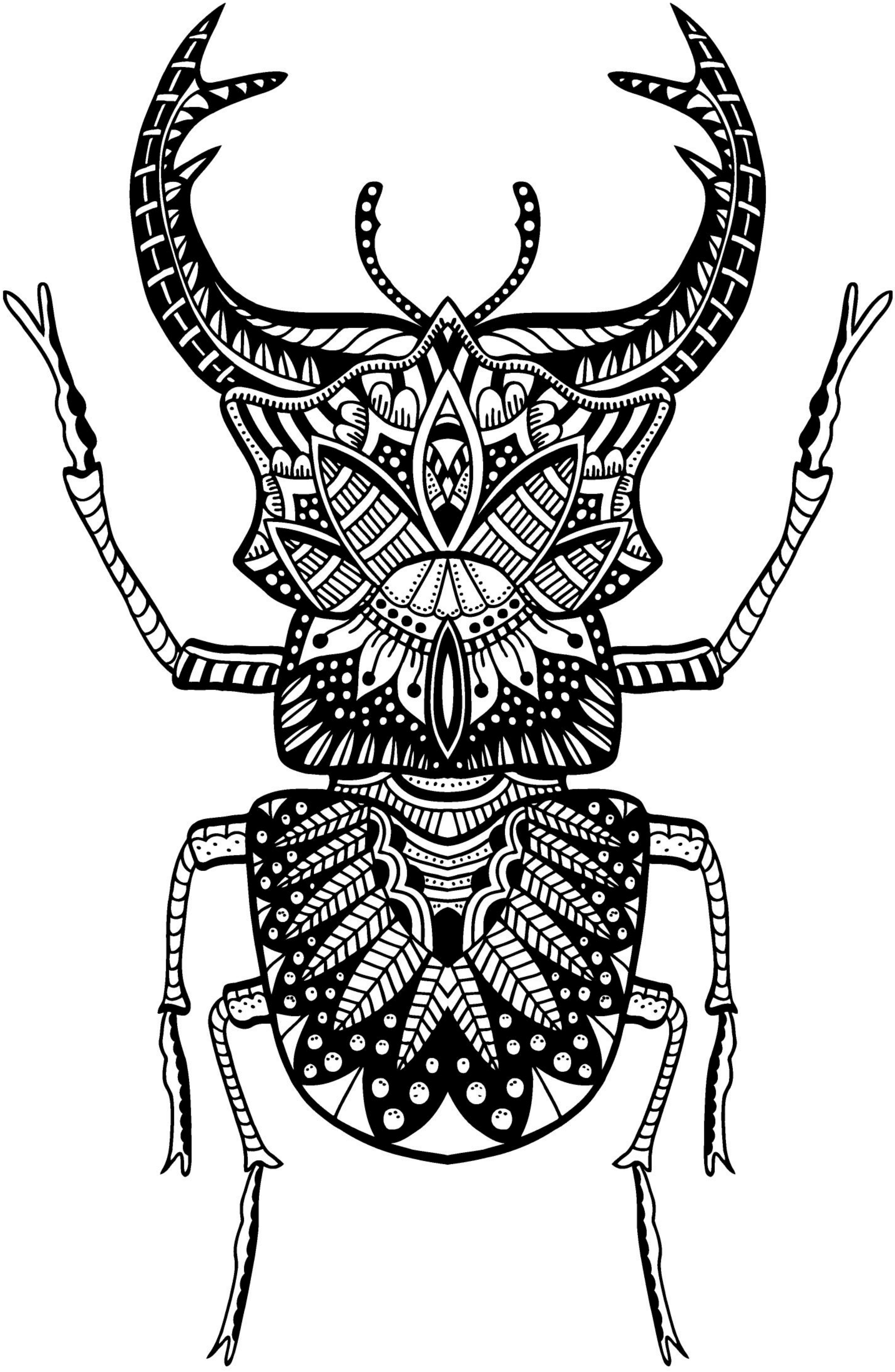

"I prefer the company of animals more than the company of humans. Certainly, a wild animal is cruel. But to be merciless is the privilege of civilised humans."

— Sigmund Freud —

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"I ask people why they have
deer heads on their walls.
They always say because
it's such a beautiful animal.
There you go. I think my
mother is attractive, but I
have photographs of her."

— Ellen DeGeneres —

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"The wild places
are where we
began. When they
end, so do we."

— David R. Brower —

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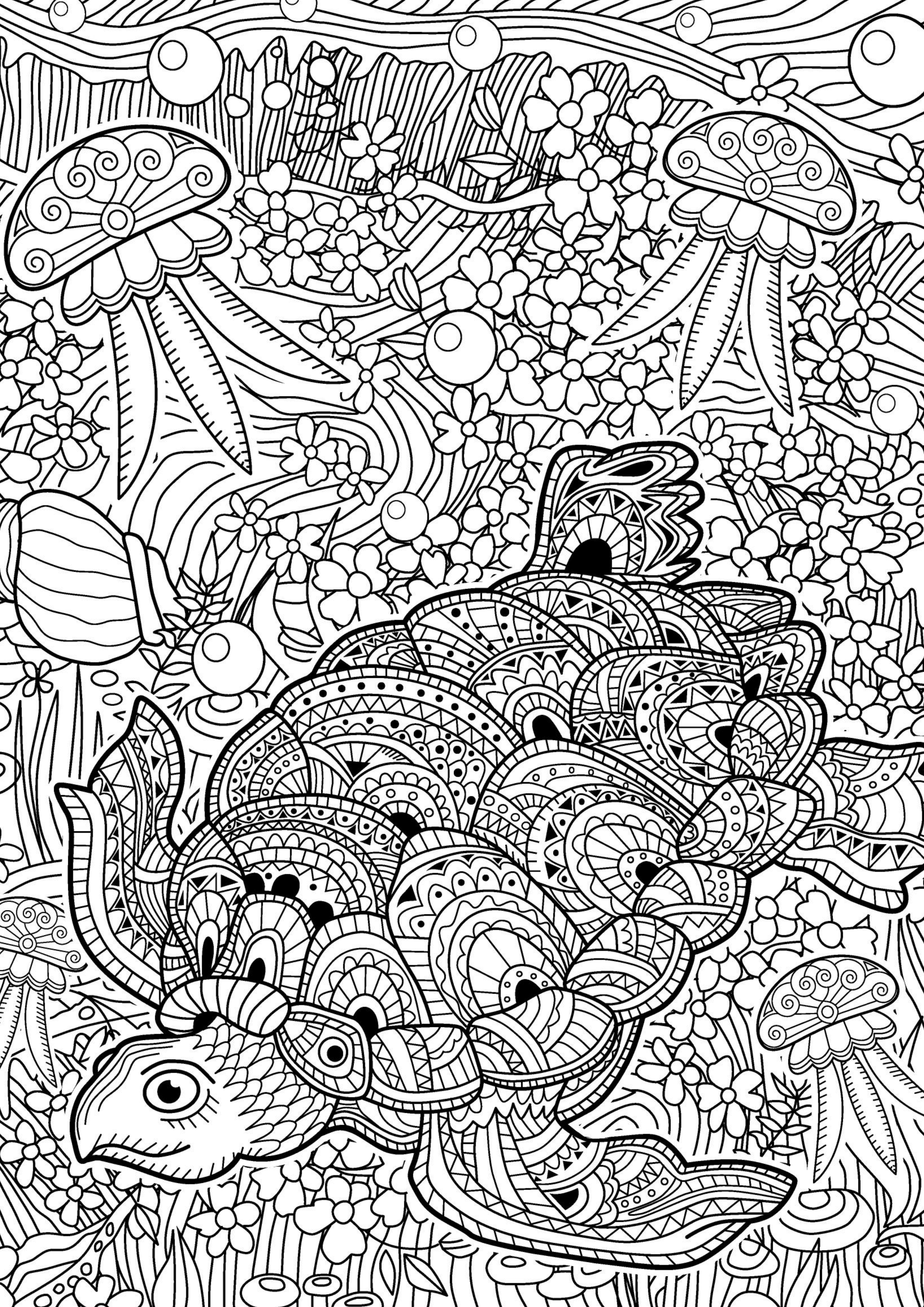

“Inside all of us is…
hope. Inside all of us is…
fear. Inside all of us is…
adventure. Inside all of
us is a wild thing.”

— Maurice Sendak —

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> “There is a way that nature speaks, that land speaks. Most of the time we are simply not patient enough, quiet enough, to pay attention to the story.”
>
> — Linda Hogan —

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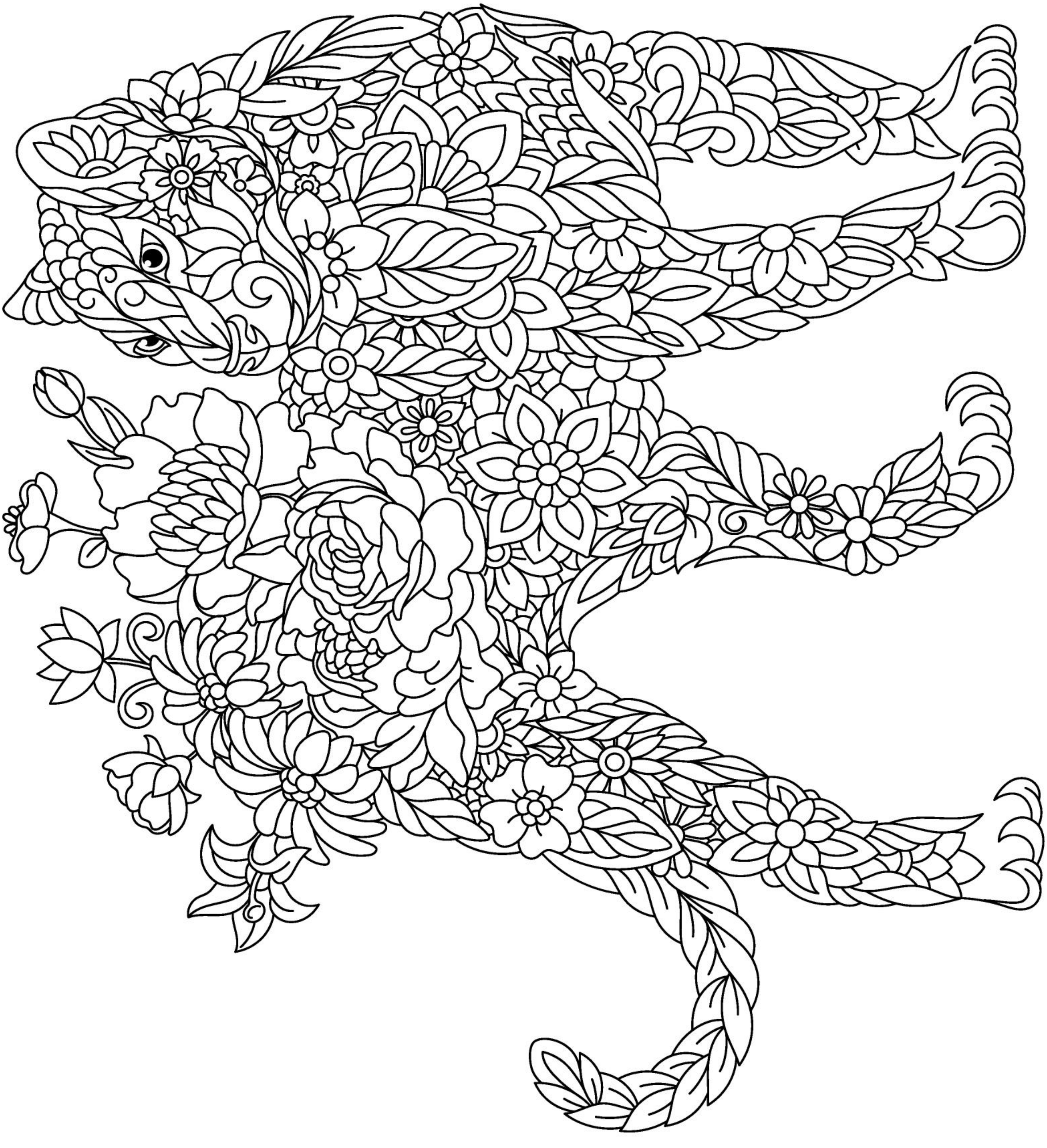

“Nature does not
hurry, yet everything
is accomplished.”

— Laozi —

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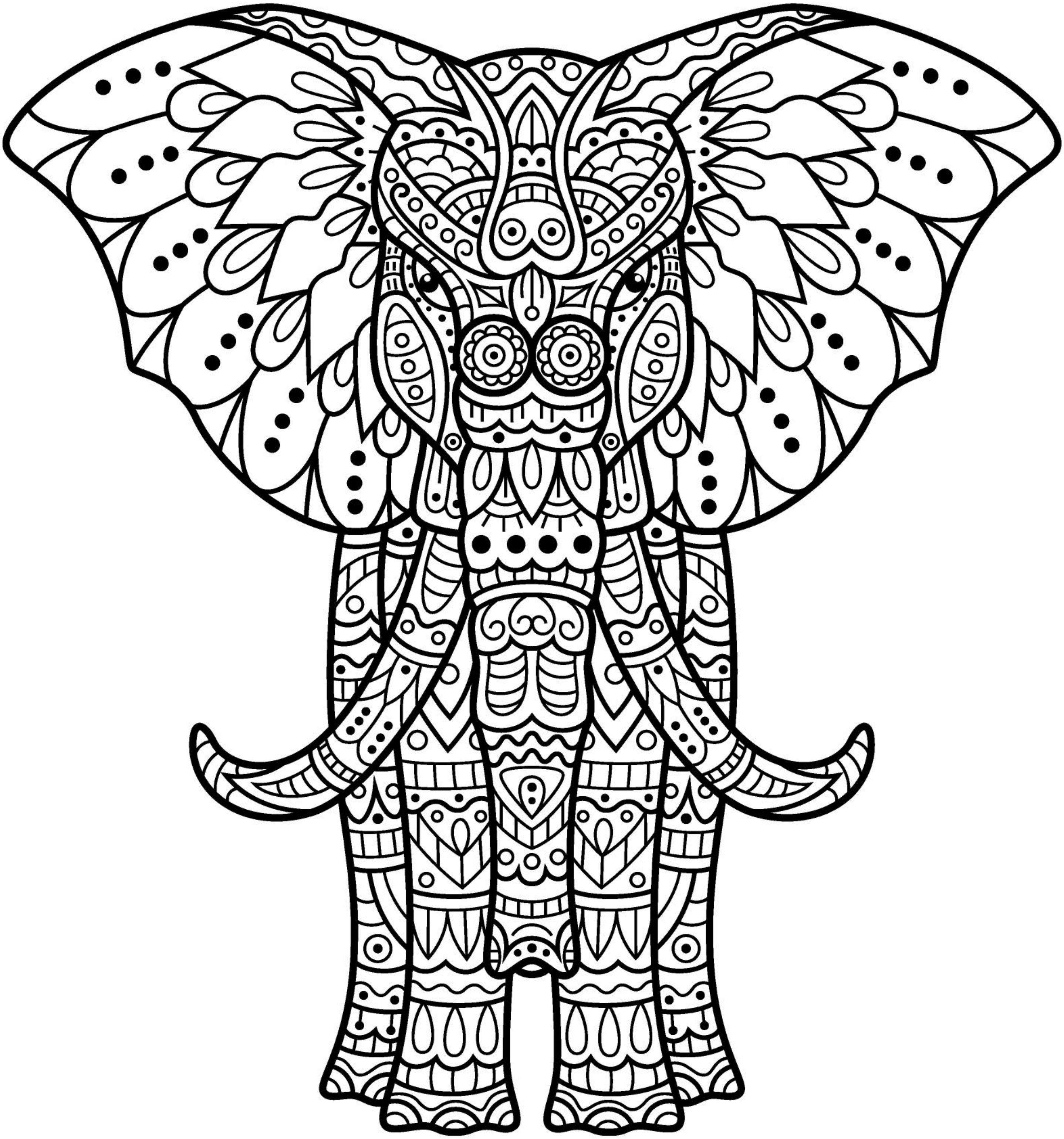

“When despair for the
world grows in me...
I come into the presence
of still water.
And I feel above me the
day-blind stars waiting
with their light.
For a time I rest in the
grace of the world,
and am free.”

— Wendell Berry —

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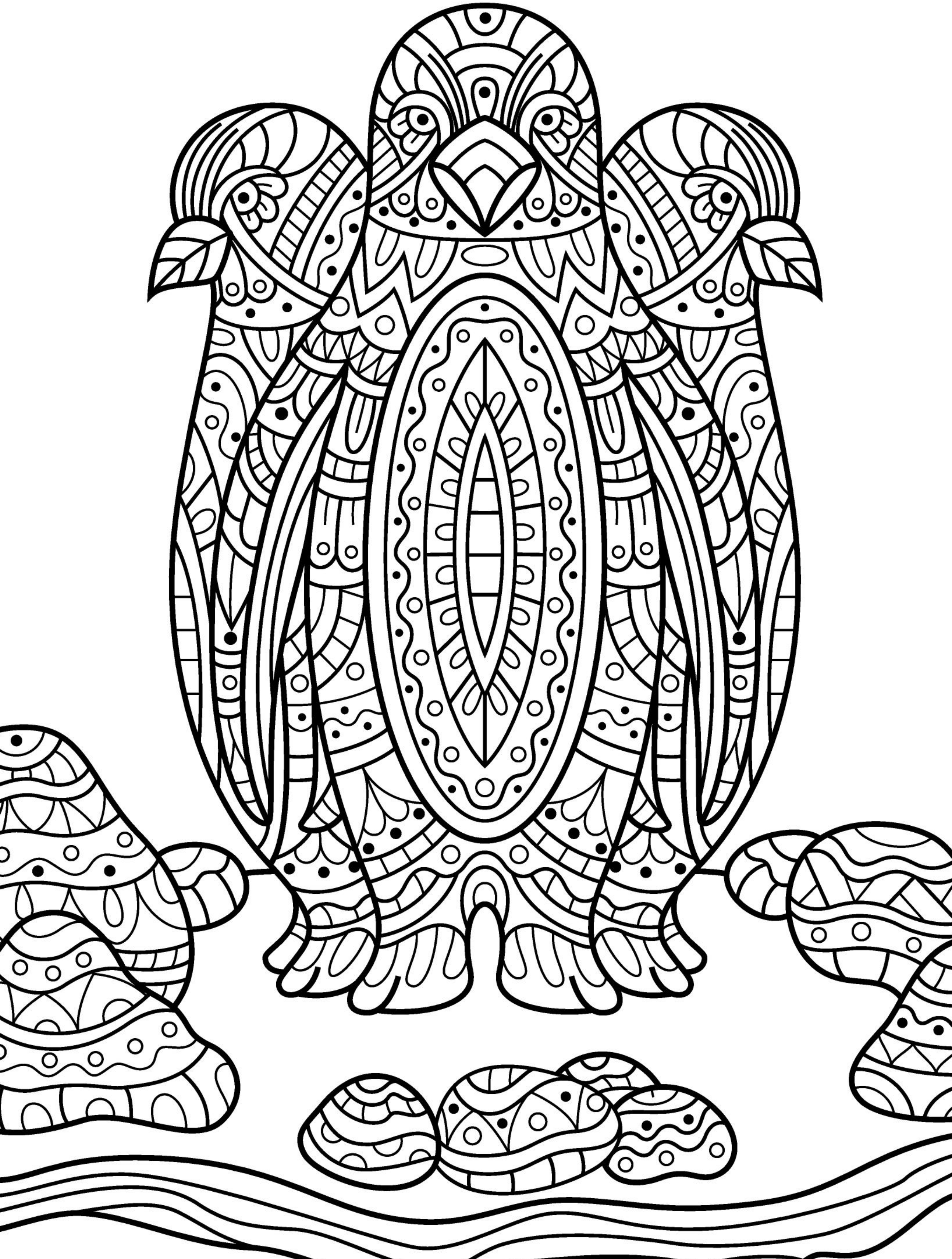

“To see a world in
a grain of sand
and a heaven
in a wild flower,
hold infinity in
the palm of
your hand,
and eternity
in an hour.”

— William Blake —

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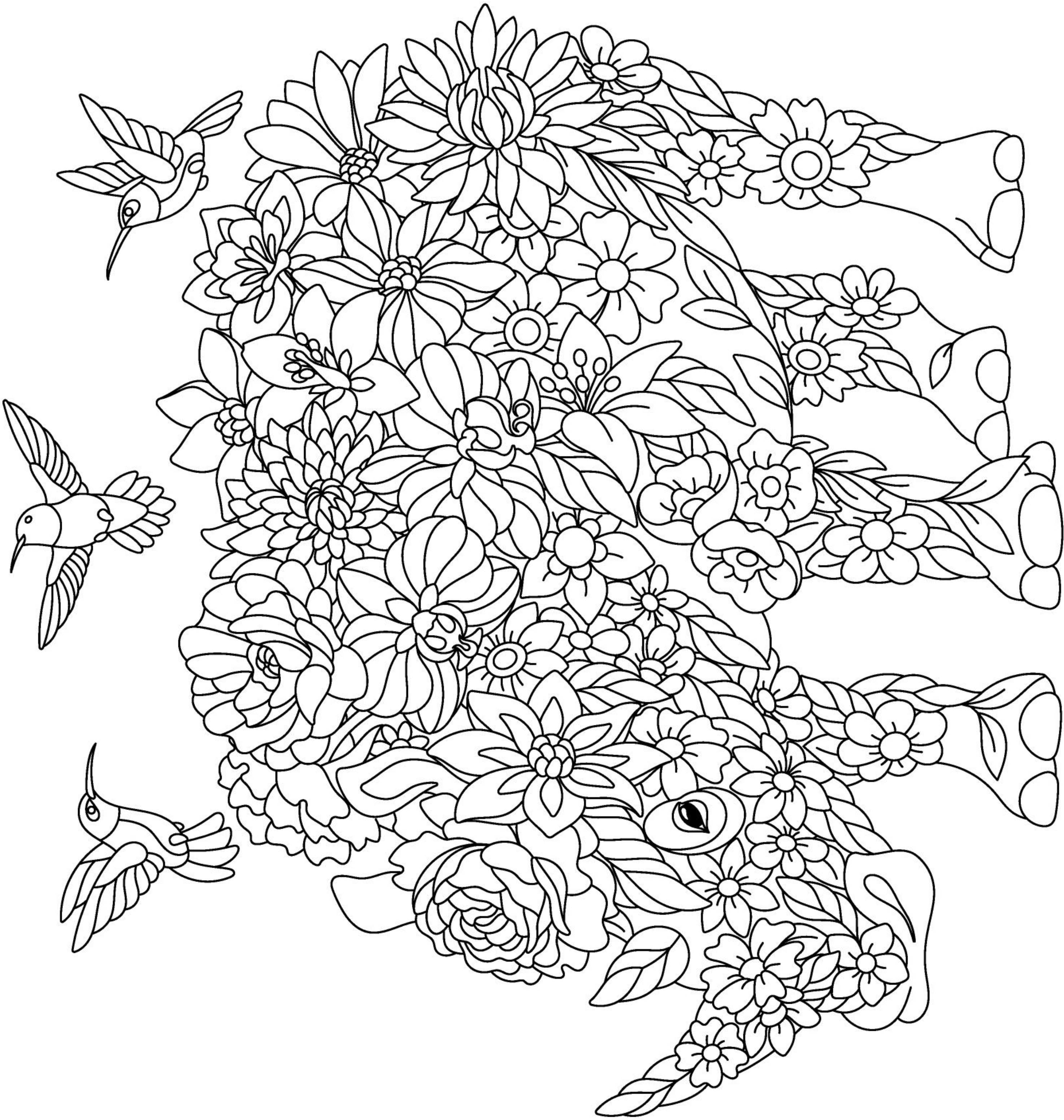

"Earth and sky,
woods and fields,
lakes and rivers, the
mountain and the
sea, are excellent
schoolmasters, and
teach some of us
more than we can
ever learn from books."

— John Lubbock —

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"Now I see the secret of
making the best person:
it is to grow in the open
air and to eat and
sleep with the earth."

— Walt Whitman —

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"We can only truly be
civilised people when
we have regular and
meaningful contact
with the wild world."

— Simon Barnes —

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“It is in the wild places,
where the edge of the earth
meets the corners of the sky,
the human spirit is fed.”

— Art Wolfe —

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> “If we save our
> wild places, we
> will ultimately
> save ourselves.”
>
> — Steve Irwin —

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“In every walk
with nature one
receives far more
than he seeks.”

— John Muir —

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“The mind I love must
have wild places.”

— Katherine Mansfield —

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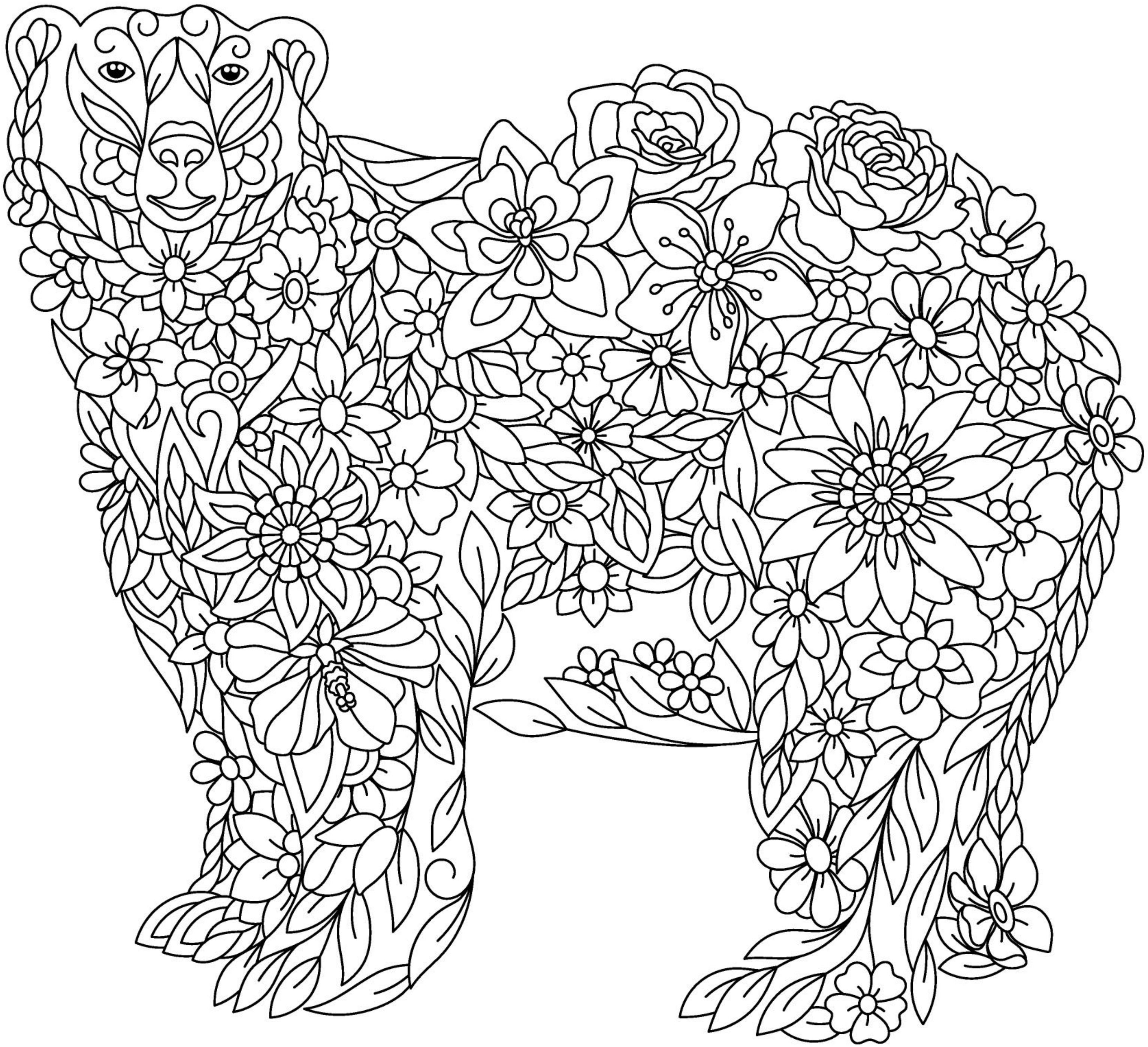

“True solitude is found in
the wild places, where
one is without human
obligation. One’s inner
voices become audible...
in consequence, one
responds more clearly
to other lives.”

— Wendell Berry —

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“Cherish sunsets, wild creatures, and wild places. Have a love affair with the wonder and beauty of the earth!”

— Stewart Udall —

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“To seek solitude like a
wild animal. That is
my only ambition.”

— Dalai Lama —

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> “Feelings can be like wild animals - we underrate how fierce they are until we’ve opened their cage”
>
> — Richard Paul Evans —

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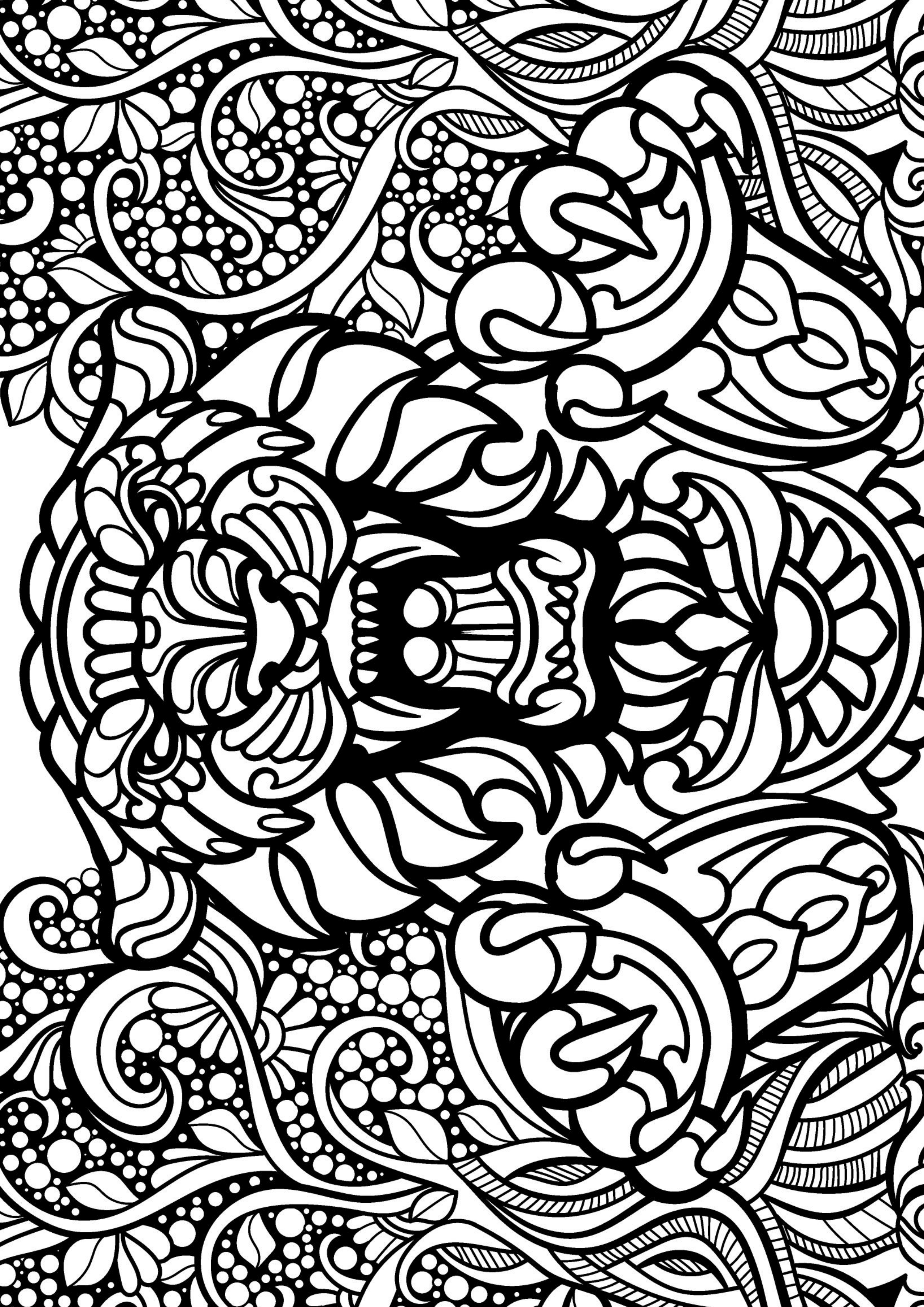

"Come forth into
the light of things,
let nature be
your teacher."

— William Wordsworth —

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"Study nature, love
nature, stay close
to nature. It will
never fail you."

— Frank Lloyd Wright —

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“In all of us, even in
good men, there is
a lawless wild-beast
nature, which peers
out in sleep.”

— Socrates —

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“Wild beasts and birds are
by right not the property
merely of the people today,
but the property of the
unborn generations, whose
belongings we have no
right to squander.”

— Theodore Roosevelt —

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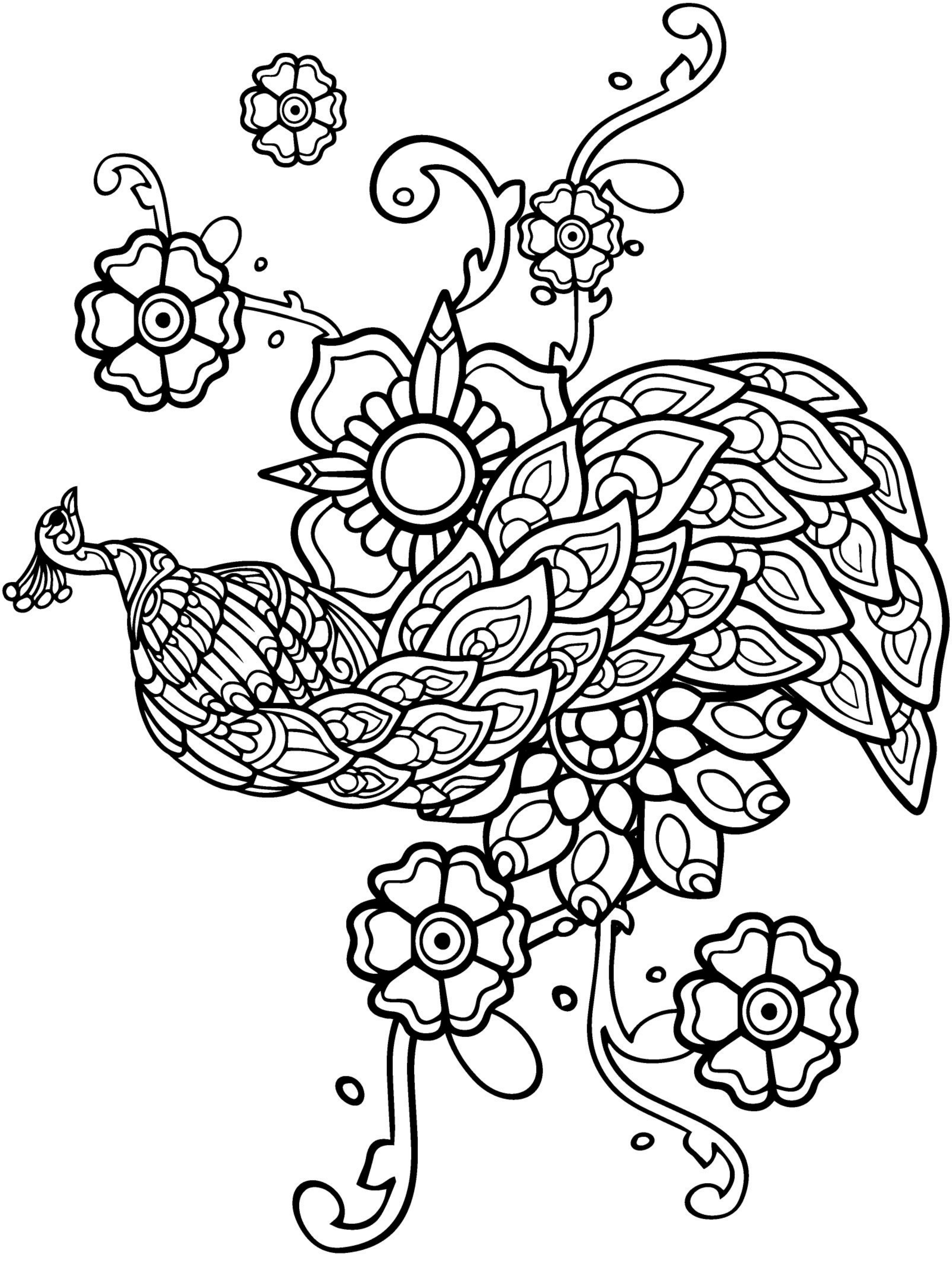

“It is an extraordinary thing
that a large proportion of your
country and my country, of
the citizens, never see a wild
creature from dawn ‘til dusk,
unless it’s a pigeon, which isn’t
really wild, which might come
and settle near them.”

— David Attenborough —

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"Man makes very much
such a nest for his domestic
animals, of withered grass
and fodder, as the squirrels
and many other wild
creatures do for themselves."

— Henry David Thoreau —

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> “Nature is painting
> for us, day after
> day, pictures of
> infinite beauty.”
>
> — John Ruskin —

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"And this, our life, exempt
from public haunt, finds
tongues in trees, books in
the running brooks,
sermons in stones, and
good in everything."

— William Shakespeare —

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"I am drawn to the wild
not because it is wild but
because it is sensible, logical,
ordered, stable, resilient. Wild
nature is everything we're
struggling to regain."

— Carl Safina —

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“There is pleasure in the pathless woods, there is rapture in the lonely shore, there is society where none intrudes, by the deep sea, and music in its roar; I love not man the less, but nature more.”

— Lord Byron —

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"Those who contemplate
the beauty of the earth
find reserves of strength
that will endure as
long as life lasts."

— Rachel Carson —

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"When we return wild animals to nature, we merely return them to what is already theirs. For man cannot give wild animals freedom, they can only take it away."

— Jacques Yves Cousteau —

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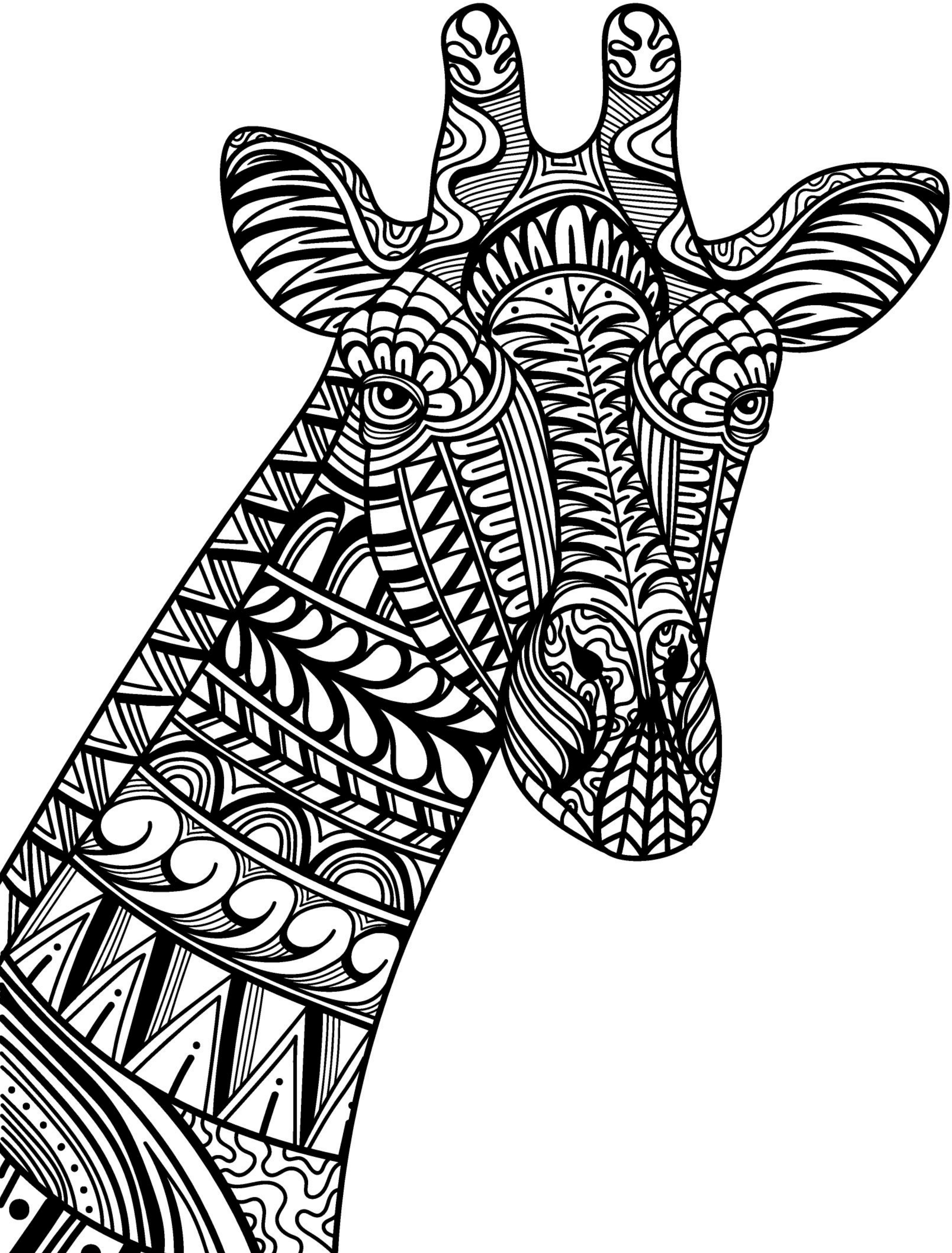

“We need the tonic of wildness… at the same time that we are earnest to explore and learn all things, we require that all things be mysterious and unexplorable, that land and sea be indefinitely wild, unsurveyed and unfathomed by us because unfathomable. We can never have enough of nature.”

— Henry David Thoreau —

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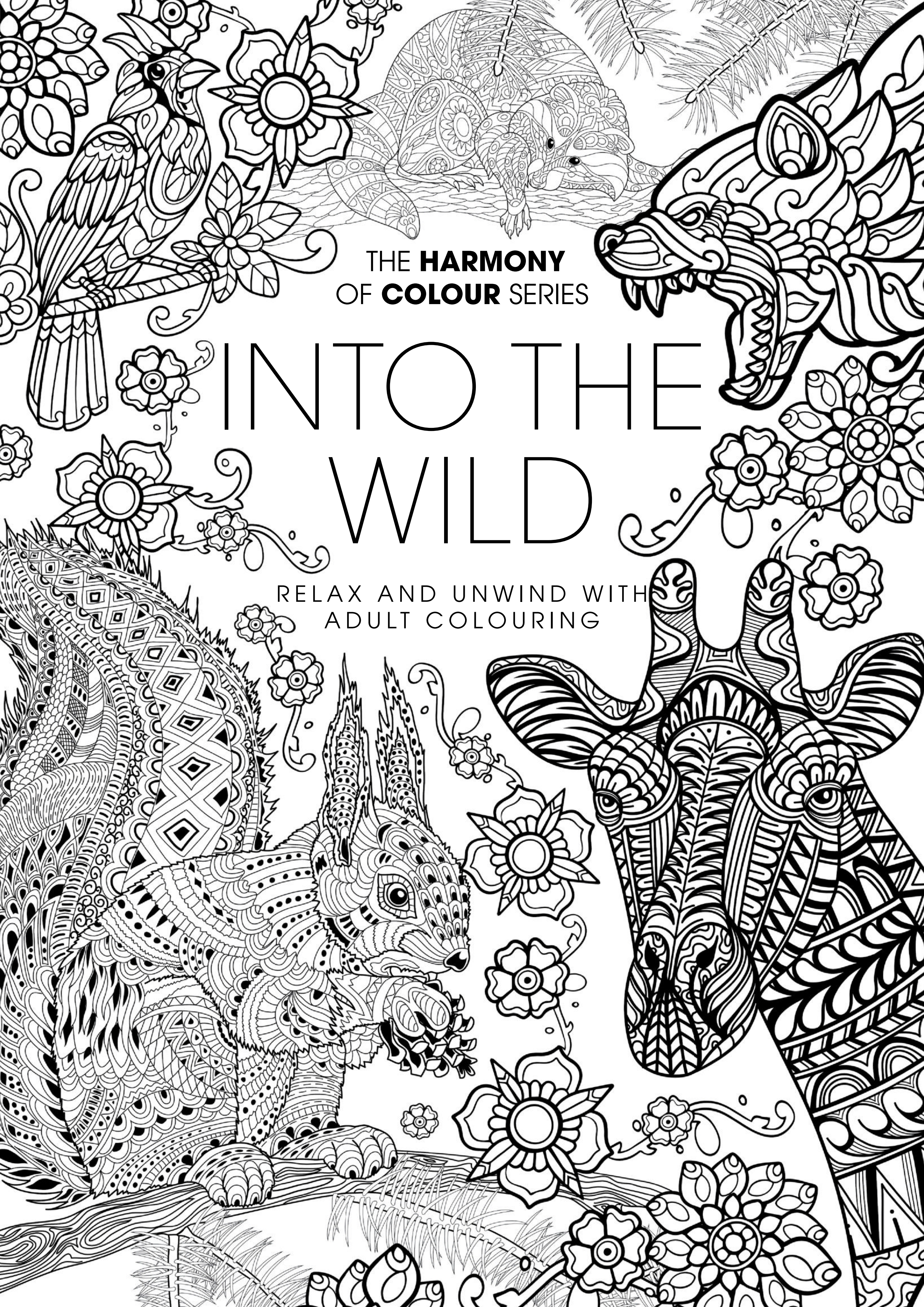

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